THE GUT-BRAIN AXIS, METABOLISM & LONGEVITY

or, what a tiny nematode can tell us about biology and medicine

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Organs & cells within the body communicate with one another





Organs & cells within the body communicate with one another





Scientific Origins and Interests



Nasrallah & Horvath, 2014



Srinivasan et al., 2004



Genomic Revolution 2000s - date



Shared genes and genetic ancestry between species!



Uncovering new aspects of the gut-brain axis, at scale



Caenorhabditis elegans

- Similar genomes, powerful genetic and molecular tools
- ✤ Speed life cycle, lifespan, size
- Scale genes x drugs x phenotype in living animals





Uncovering new aspects of the gut-brain axis, at scale





Uncovering new aspects of the gut-brain axis, at scale









THE GUT-BRAIN AXIS, METABOLISM & LONGEVITY

or, what a tiny nematode can tell us about biology and medicine

- The neurotransmitter serotonin is a principal driver of fat loss
- Discovery of a brain-to-gut messenger: a Tachykinin peptide
- Discovery of a gut signal induced by fasting : a novel Insulin
- Translating from basic to clinic



Serotonin is a principal driver of fat loss







Serotonin is made in neurons





Serotonin is made in neurons and controls fat in the intestine







Serotonin is made in neurons and controls fat in the intestine





Serotonin drives fat loss by increasing energy expenditure*



Intestinal lipid droplets

VLC-CoA

Acetyl CoA

NADH + FADH

ATP = energy

Oxidative Phosphorylation ADP + 02

PEROXISOM

H₂O₂ FAD

Srinivasan et al, 2008 PMID 18522834 Noble et al 2013 PMID 24120942



A genetic screen to discover the brain-to-gut signal ...







... revealed a role for a conserved Tachykinin peptide



tachykinin peptide, FLP-7

Palamiuc et al 2017 PMID 28128367



Tachykinin is the brain-to-gut signal for fat loss



Noble et al 2013 PMID 24120942 Witham et al 2016 PMID 26876168 Hussey et al 2017 PMID 28545126 Palamiuc et al 2017 PMID 28128367 Hussey et al 2018 PMID 29579048



Tachykinin is the brain-to-gut signal for fat loss and increases energy expenditure*





Tachykinin signaling coordinates metabolism and longevity



Littlejohn et al, 2020 PMID 33078707



Tachykinin signaling coordinates metabolism and longevity



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Discovery of a gut signal





A genetic screen to discover the gut-to-brain signal ...







... uncovered an insulin antagonist secreted during fasting





... uncovered an insulin antagonist secreted during fasting



Food

Liu at al, 2024 PMID 39127676



... uncovered an insulin antagonist secreted during fasting



Liu at al, 2024 PMID 39127676



... uncovered an insulin antagonist secreted during fasting that also controls lifespan





Which specific bacterial signals control gut insulin?









unpublished

The gut-brain axis is rich with hidden signals





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The Tachykinin Receptor NK2R in mammals



Pnpr-22::npr-22::GFP







The Tachykinin Receptor NK2R in mammals





The Tachykinin Receptor NK2R in mammals





mNK2R





The Tachykinin Receptor NK2R in mammals can be modulated



PMID: 35863587



GR159897

NK2R control of energy expenditure and feeding to treat metabolic diseases

https://doi.org/10.1038/s41586-024-08207-0	 Frederike Sass^{1,2,39}, Tao Ma^{1,39}, Jeppe H. Ekberg^{1,3}, Melissa Kirigiti⁴, Mario G. Ureña¹, Lucile Dollet¹, Jenny M. Brown^{1,5}, Astrid L. Basse¹, Warren T. Yacawych^{4,7}, Hayley B. Burm¹, Mette K. Andersen¹, Thomas S. Nielsen¹, Abigail J. Tomlinson⁴, Oksana Dmytiyeva¹, Dan P. Christensen^{1,3}, Lindsay Bader⁴, Camilla T. Vo^{1,8}, Yaxu Wang^{2,9}, Dylan M. Rausch¹, Cecilie K. Kristensen¹, María Gestal-Mato¹, Wietse In het Panhuis¹⁰, Kim A. Sjøberg¹, Stace Kernodle¹⁸, Jacob E. Petersen¹, Artem Pavlovskyi¹, Manbir Sandhu^{2,9}, Ida Moltke¹², Marit E. Jørgensen^{13,14,18}, Anders Albrechtsen¹², Niels Grarup¹, M. Madan Babu^{2,9}, Patrick C. N. Rensen¹⁰, Sander Kooljman¹⁰, Randy J. Seeley¹¹, Anna Worthmann¹⁶, Joerg Heeren¹⁸, Tuome H. Pers¹³, Torben Hansen¹, Magnus B. F. Gustafsson^{2,37}, Mads Tang-Christensen^{23,8}, Tuomas O. Kilpeläinen¹³, Martin G. Myers Jr⁴⁷, Paul Kievit⁴, Thue W. Schwartz¹³, Jakob B. Hansen^{1,302} & Zachary Gerhart-Hines^{12,302}
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The gut-brain axis is rich with hidden signals – approaches to uncover them





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Heart Association.