

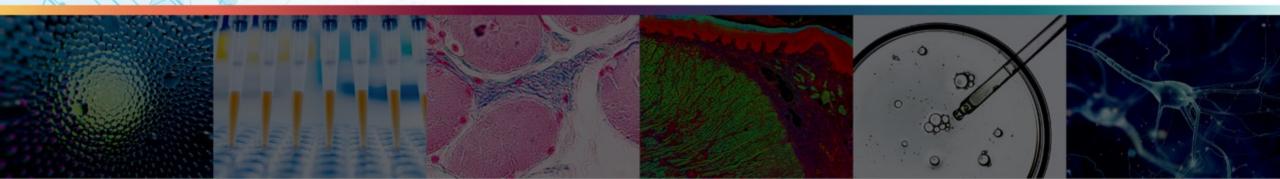
## Frontiers in alcohol addiction science and medicine

#### Marisa Roberto, PhD

Schimmel Family Chair

Professor and Vice Chair, Department of Molecular Medicine Professor, Department of Neuroscience

Wednesday, August 10, 2022 | 1:00 pm PT/4:00 pm ET





The Roberto lab seeks to understand the neuronal mechanisms that underlie synaptic and/or molecular changes to influence the development of dependence to alcohol and other drugs of abuse.

## Marisa Roberto, PhD

Schimmel Family Chair Professor and Vice Chair, Department of Molecular Medicine Professor, Department of Neuroscience



## **PECASE** Award

Roberto is a recipient of the U.S. Presidential Early Career Award for Scientists and Engineers (PECASE), **the highest honor bestowed by the U.S. government** on outstanding scientists and engineers beginning their independent careers. She received the award in 2009.



## Did you know??

Roberto has been knighted by Italy, her country of birth. In 2011, she was awarded the Cavaliere (knight) degree, a rank within the Order of Merit of the Italian Republic—the country's highest honor—in recognition of her scientific research in the neurobiology of addictive behavior.

She can be addressed as Cavaliere Roberto.



# An international influence.

Roberto has organized four editions of the International Congress on Alcoholism and Stress, helming the event in 2008, 2011, 2014 and 2017. The international meeting aims to bridge ongoing independent programs on stress and alcoholism mechanisms in Europe and the U.S.





### Frontiers in Alcohol Addiction Science and Medicine

Marisa Roberto, Ph.D

*The Scripps Research Institute August 10<sup>th</sup>, 2022* 

The Department of Molecular Medicine Schimmel Family Chair The Pearson Center for Alcoholism and Addiction Research The Scripps Research Institute and Alcohol Research Center

### Outline

• Introduction: Addiction and Alcohol Use Disorder (AUD)

#### Brain Disorder: Amygdala

- Recruitment of Stress Systems
- Recruitment of Neuroimmune Systems



#### What is Addiction? In Numbers- Why it Matters





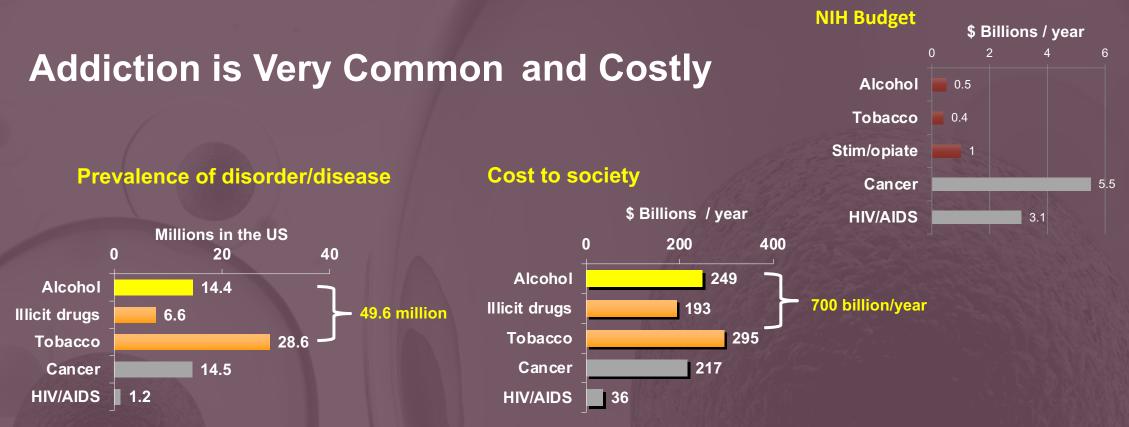








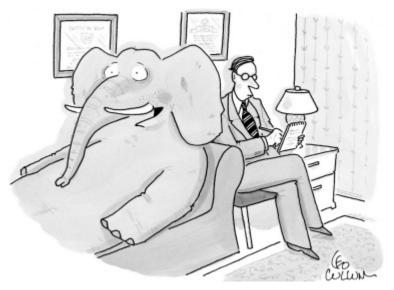




NSDUH (2017) ages 18+ using DSM-IV, NCI (2014), CDC (2016), National Drug Intelligence Center - NDTA (2011), 2014 Surgeon General's Report, Hingson et al, 2017



- Alcohol misuse is often comorbid with other mental illnesses (e.g., depression, anxiety, etc.)
- Commonly used to cope with symptoms (self-medication)
- Similarly, mental health conditions complicate treatment for AUD



The Elephant in the Room

The "stigma" limits individuals who suffer from addiction to seek treatment.

Volkow, Gordon, Koob, Neuropsychopharmacology, 2021

"I'm right here in the room and no one even acknowledges me."

CartoonStock.com

New Yorker cartoon



#### Factors Associated with Increased Drinking During the Pandemic

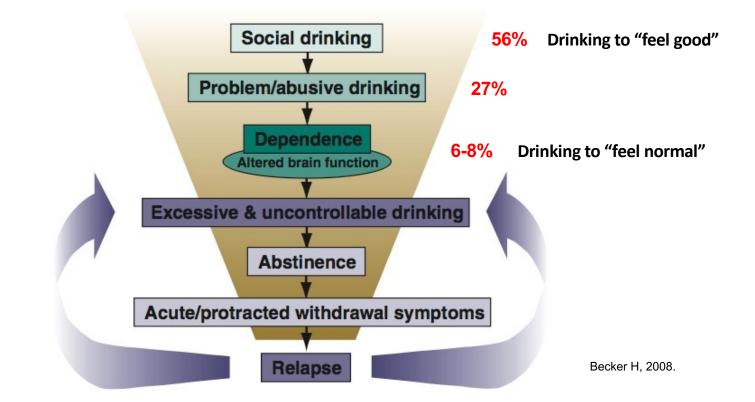
A recent systematic review reported that an increase in drinking during the pandemic is associated with:

- Social Isolation
- Income loss/financial stress
- Greater depression or anxiety, and general psychological distress
- Greater drinking to cope with stress

Acuff et al., Changes in alcohol use during COVID-19: A systematic review and meta-analysis. Psychol Addict Behav. 2022;36(1):1-19.



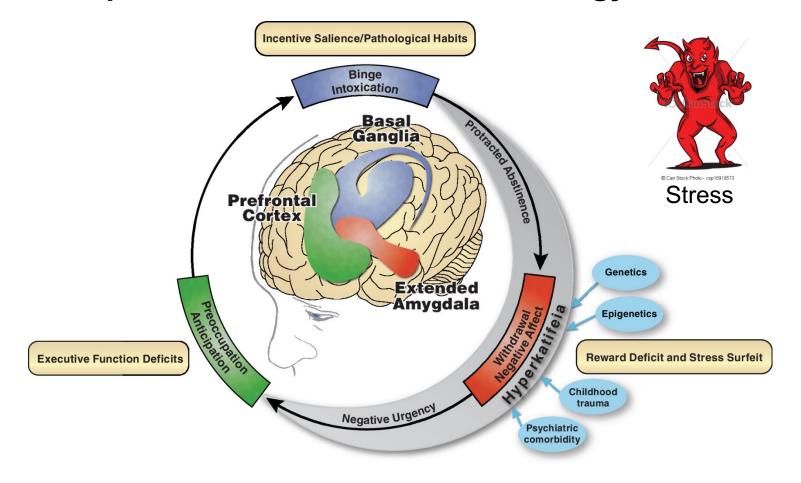
#### Stages of Alcohol Use Disorder (AUD)



AUD is a chronically relapsing disorder that is progressive and has serious detrimental health outcomes as defined by: 1) compulsion to seek and take alcohol, 2) loss of control in limiting alcohol intake, and 3) emergence of a negative emotional state (e.g., anxiety, etc.) when access to the drug is prevented



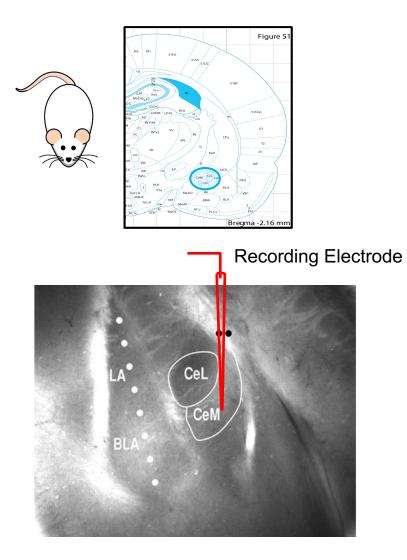
#### **Conceptual Framework for Neurobiology of AUD**



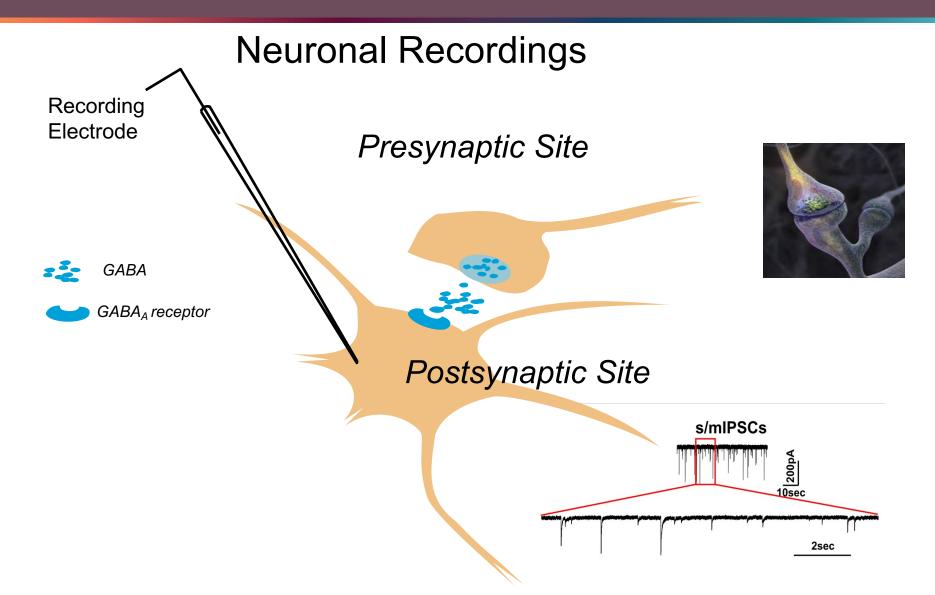


#### **Central Nucleus of Amygdala (CeA)**

- Implicated in behaviors related to fear, stress, anxiety.
- Predominantly inhibitory GABAergic neurons containing numerous neuropeptides including stressrelated peptides.
- GABAergic transmission plays an important role in mediating **alcohol- and stress-related behaviors**.







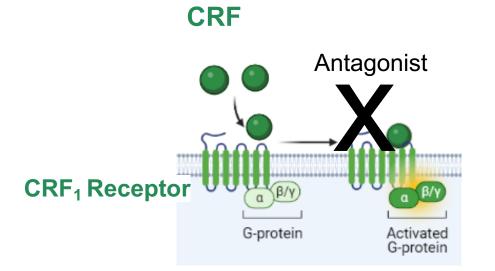
Whole-cell voltage-clamp recordings of spontaneous and miniature GABA<sub>A</sub> inhibitory post-synaptic currents [sIPSCs and mIPSCs (in TTX)] in glutamate and GABA<sub>B</sub> receptor blockers



#### **Corticotropin Releasing Factor (CRF) Regulates Stress Responses**

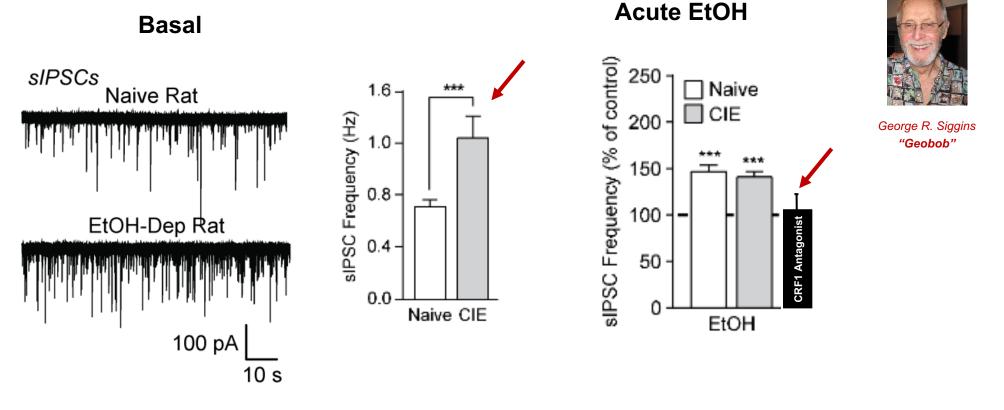
• CRF is the main physiological regulator of stress responses (Deussing & Chen, 2018) and plays a key role in AUD (Koob and Zorilla, 2010; Roberto et., 2017).

• CRF<sub>1</sub> antagonists reverse the negative emotional state and the excessive alcohol self-administration produced by AUD (Overstreet 2004; Funk 2007).





#### **Alcohol Enhances CeA GABAergic Transmission in Rodents**

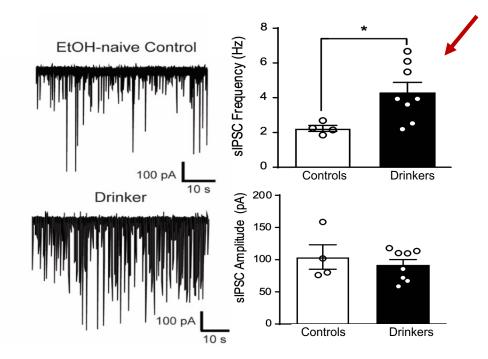


*Chronic Intermittent Ethanol Exposure = CIE = EtOH-Dependence* 

Roberto et al., 2003, PNAS; Roberto et al., 2004, J. Neurosci; Varodayan et al., 2017, J. of Neurosci



#### **Alcohol Enhances CeA GABAergic Transmission In Non-Human Primates**



Jimenez et al., 2019, NPP; Patel et al., 2021, NPP

In Collaboration with Oregon National Primate Research Center

INIA-Neuroimmune consortium



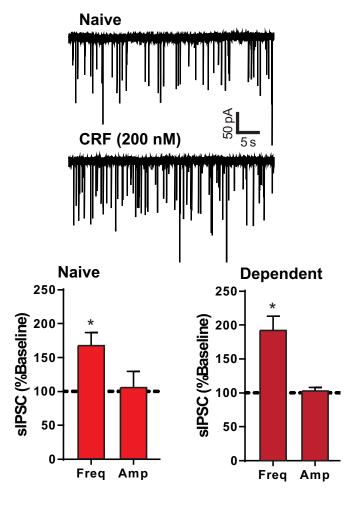
#### **CRF Enhances CeA GABAergic Transmission**



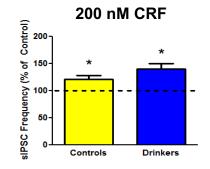
Larry Rodriguez



Dean Kirson



#### Non-Human Primate



Patel et al., 2021 NPP

In Collaboration with Oregon National Primate Research Center

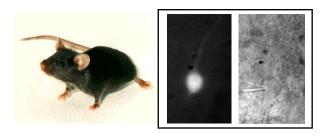
Roberto et al., 2010, Biol. Psychiatry Varodayan et al., 2017, J. Neurosci. Rodriguez, Kirson et al., 2022, Int J Mol Sci.

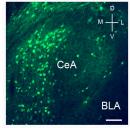


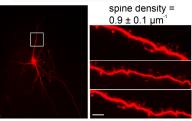
#### The Brain is Wired



#### CRF<sub>1</sub> Microcircuitry

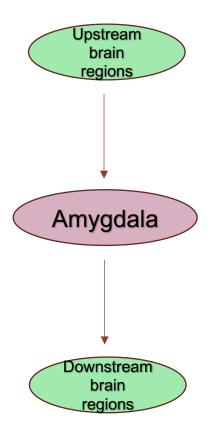




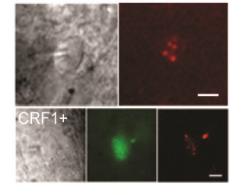


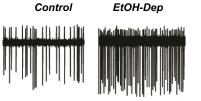
CRF1:GFP transgenic mice that express GFP under the control of CRF1 receptor gene promoter Crh1:Cre mice Crh-IRES-Cre mice

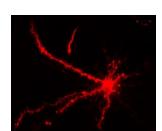


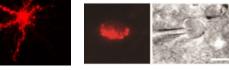


#### **CRF<sub>1</sub> Amygdala Projections**









Candice Contet

Melissa Herman

Crh-IRES-Cre mice CeA injected with an AAV2-DIO-hM3Dq-mCherry vector

Herman et al., J. of Neurosci. 2013; Herman et al., J. of Neurosci. 2016; Kreifeldt, Herman et al., Mol. Psychiatry, 2022

#### **Cortical Amygdala Afferents**

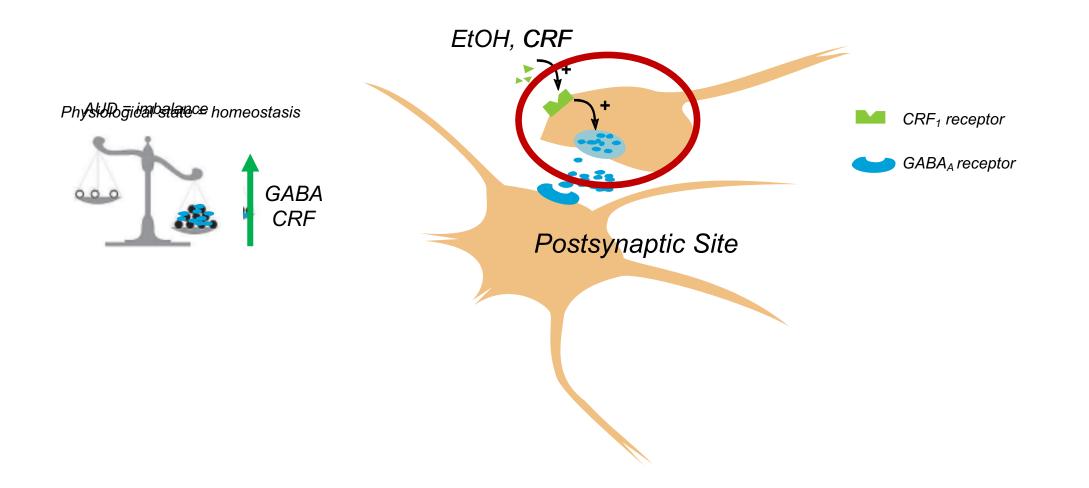




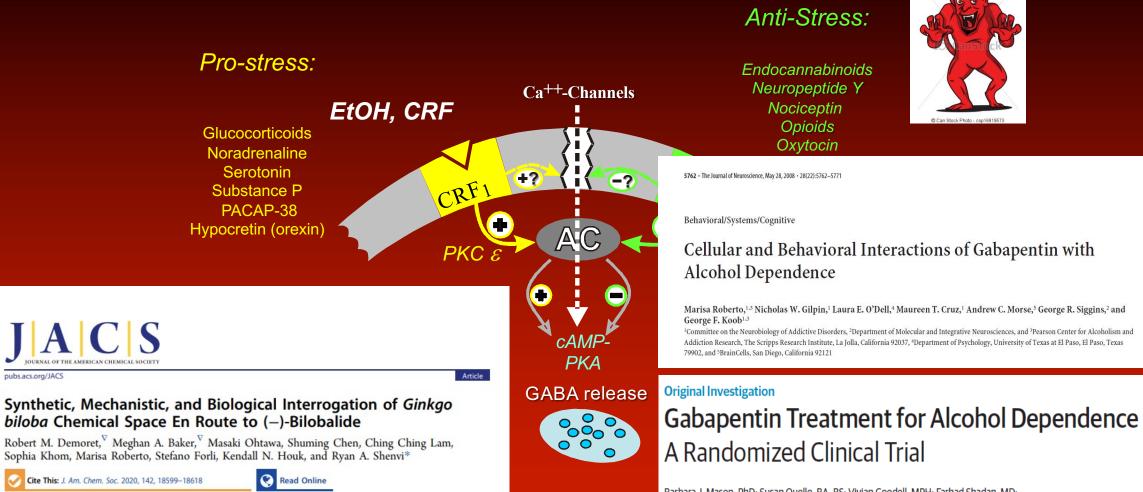
Pauravi Gandhi Roman Vlkolinsky



#### **Presynaptic Site**



### **Molecular Mechanisms**



pubs.acs.org/JACS

Barbara J. Mason, PhD; Susan Quello, BA, BS; Vivian Goodell, MPH; Farhad Shadan, MD; Mark Kyle, MD; Adnan Begovic, MD

JAMA Intern Med. 2014;174(1):70-77. doi:10.1001/jamainternmed.2013.11950 Published online November 4, 2013.

Mason, B.J et al., 2018, Addiction Biology, Gabapentin for the treatment of alcohol use disorder

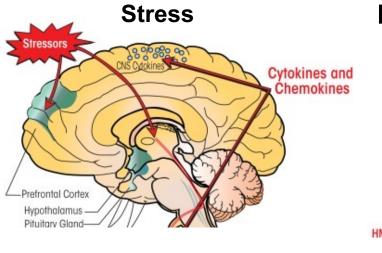


#### Summary: Recruitment of Stress Systems

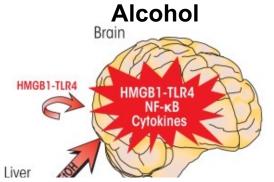
Alcohol and the stress peptide CRF increase GABAergic release in the amygdala across species, pointing to the key translational role of this peptide.

Normalizing this "compromised" GABA/CRF-transmission alleviate several aspects of AUD in preclinical and clinical studies.





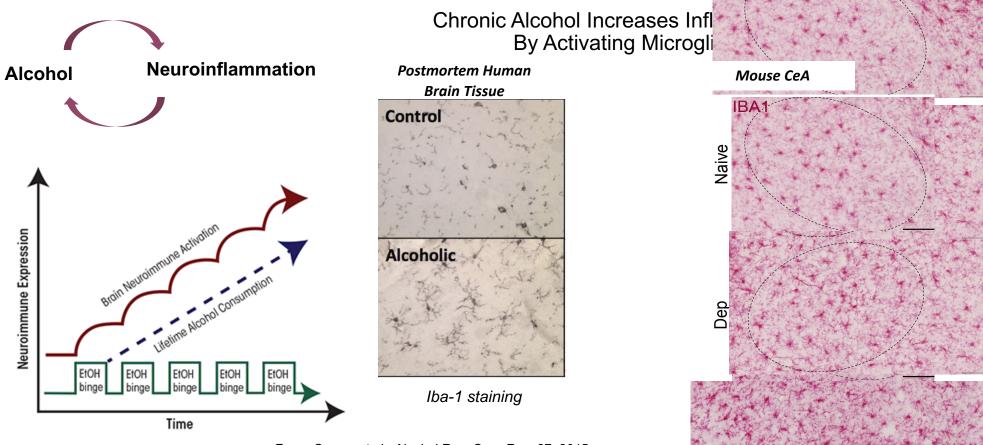
#### Neuroimmune Signaling Integrates CNS Responses to Alcohol and Stress



Crews et al., Alcohol Res. Curr. Rev. 37, 2015



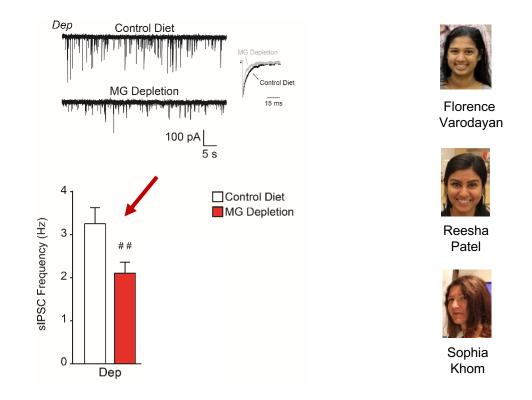
#### Alcohol-Neuroimmune Interactions are Com



From: Crews et al., Alcohol Res. Curr. Rev. 37, 2015



#### **Decreasing Inflammation "Normalizes" CeA GABAergic Transmission**



Microglia Depletion Treatment using PLX 5622 Diet (a colony stimulating factor 1 inhibitor)

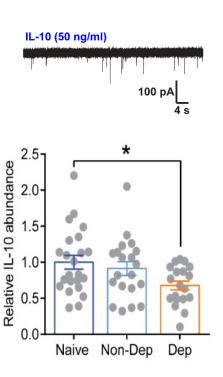
INIA-Neuroimmune consortium



#### Anti-inflammatory Interleukin-10 (IL-10) is Decreased with Dependence







**Baseline** 

Published in final edited form as: *Prog Neurobiol.* 2021 April ; 199: 101952. doi:10.1016/j.pneurobio.2020.101952.

# IL-10 normalizes aberrant amygdala GABA transmission and reverses anxiety-like behavior and dependence-induced escalation of alcohol intake

Reesha R. Patel<sup>1</sup>, Sarah A. Wolfe<sup>1</sup>, Michal Bajo<sup>1</sup>, Shawn Abeynaike<sup>1</sup>, Amanda Pahng<sup>2,3</sup>, Vittoria Borgonetti<sup>1</sup>, Shannon D'Ambrosio<sup>1</sup>, Rana Nikzad<sup>1</sup>, Scott Edwards<sup>2</sup>, Silke Paust<sup>1</sup>, Amanda J. Roberts<sup>1</sup>, Marisa Roberto<sup>1,\*</sup>

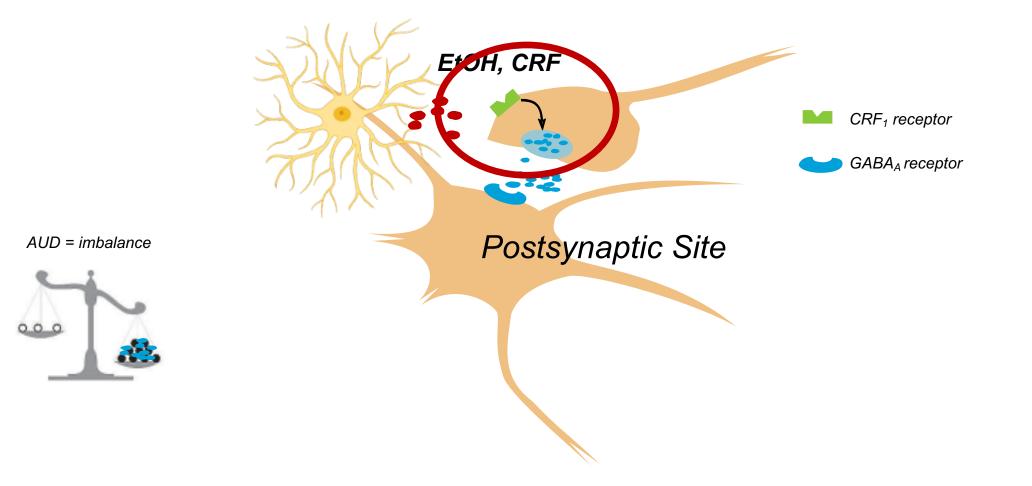
<sup>1</sup>The Scripps Research Institute, 10550 N. Torrey Pines Rd, La Jolla, CA 92037, USA

<sup>2</sup>Louisana State University Health Sciences Center, 1901 Perdido St, New Orleans, LA 70112, USA

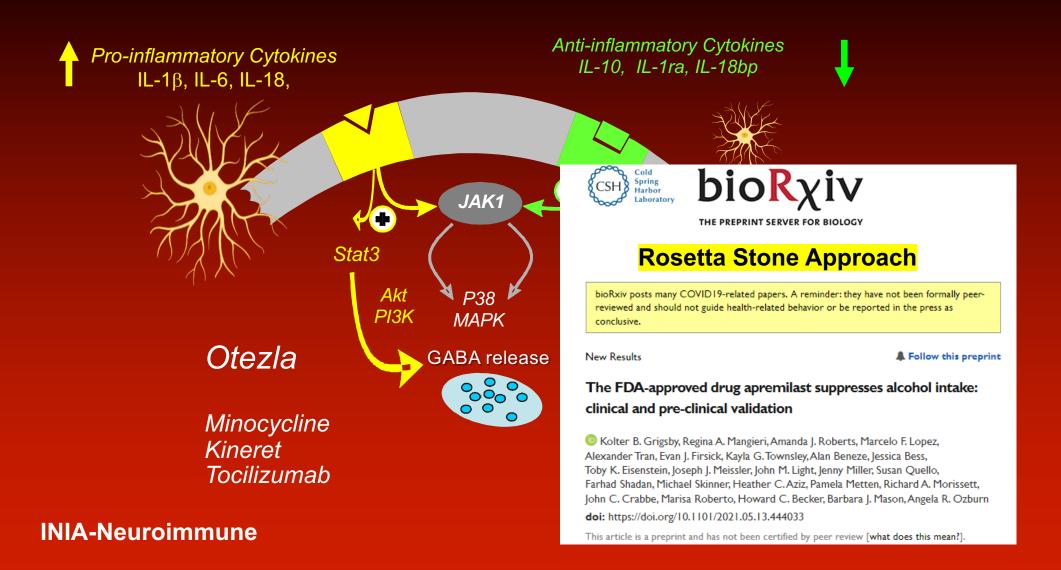
<sup>3</sup>Southeast Louisiana Veterans Health Care System, 2400 Canal Street, New Orleans, LA 70119, USA



#### **Presynaptic Site**



#### Molecular Mechanisms





#### **Summary:** Recruitment of Neuroimmune Systems

Components of immune systems (e.g., microglia and IL-10) contribute to increased GABA release.

Manipulating these targets ameliorates the cellular and behavioral phenotypes in animal models and individuals with AUD.

#### Take Away Message:

Understanding the neurobiology of AUD using preclinical models is a <u>necessary step</u> for screening potential therapeutics for this disease.

To take a drug from "the bench to the bedside" may be a long process.



The National Institute on Alcohol Abuse and Alcoholism (NIAAA) has developed the Treatment Navigator as an online resource to learn about evidence-based treatment options and to locate a qualified treatment provider in your area or via telehealth.

The link to NIAAA's Treatment Navigator is <u>https://alcoholtreatment.niaaa.nih.gov</u>

How much alcohol is too much? Visit the NIAAA website as an online resource to learn about guidelines for number of drinks. The link to NIAAA's basic information is <u>https://www.niaaa.nih.gov/health-professionals-communities/core-resource-on-alcohol/basics-defining-how-much-alcohol-too-much</u>















#### Acknowledgements

People

All *current* and *past* members of Roberto lab Collaborators and Colleagues at Scripps and outside Scripps The Scripps Core Facilities

#### Funding and Support

Schimmel Family Endowed Chair NIH/National Institute of Alcohol Abuse and Alcoholism (NIAAA) Integrative Neuroscience Initiative on Alcoholism (INIA)-Neuroimmune Consortium NIAAA-TSRI-Alcohol Research Center P60 T32 Multidisciplinary Training Pearson Center for Alcoholism and Addiction Research Department of Defense (DoD)

















### Currently Available FDA Approved Medications

Disulfiram (Antabuse®)	Aldehyde Dehydrogenase (FDA approval 1949)
Naltrexone (Revia®, Depade®)	Primarily Mu Opioid Receptor (FDA approval 1994)
Acamprosate (Campral®)	Glutamate and perhaps GABA- (FDA approval 2004)
Naltrexone Depot (Vivitrol®)	Primarily Mu Opioid Receptor (FDA approval 2006)



## UPCOMING LECTURES



# Advancing maternal health with digital technologies

Wednesday, September 21 | 1:00 pm PT/4:00 pm ET

**Tolúwalàşé Ajayi, MD** Director, Clinical Research and Diversity Initiatives Scripps Research Translational Institute



# Hacking our body clocks to optimize health

Wednesday, October 19 | 1:00 pm PT/4:00 pm ET

Katja Lamia, PhD Associate Professor Department of Molecular Medicine



# Supercharging the immune system to destroy tumors

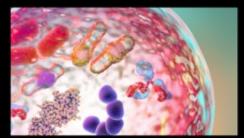
Wednesday, November 16 | 1:00 pm PT/4:00 pm ET

Silke Paust, PhD Associate Professor Department of Immunology and Microbiology



# Podcast

New episodes available to stream now!

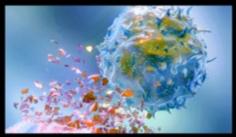


Episode 36 Evert Njomen:

Hacking our cellular recycling system to prevent the next deadly pathogen



**Episode 35 Andrew Su:** How artificial and community intelligence are shaping medicine



**Episode 34 Travis Young:** Finding a cure for cancer with novel immunotherapies

